

“Trying versus Training”

This set of questions is based on Patrick’s sermon preached January 24.

1. What attainable skill(s) have you often desired but never learned? What would you need to do in order to acquire the skill(s)? What has kept you from taking the necessary steps?

2. Read Luke 6:40. What should be the result of your spiritual training?

Describe in some detail what you understand to be the Lord’s role (e.g., Hebrews 12:5–11; 2 Timothy 3:16–17) and your own role (e.g., 1 Corinthians 9:25; 1 Timothy 4:7–8; Hebrews 5:14) in your training.

3. Name a desirable spiritual trait that you have been unable to acquire by sheer will-power (*trying harder*). What steps *could you take* (or, perhaps, *have already taken*) to train yourself in this area?

Recurring Questions

- » How have you seen God working in your life or the lives of those around you this week?
- » What prayer requests would you like to share with the group, including prayer for any spiritual struggles you may be experiencing?